

Parents' checklist: first football boots

Take this to the sports shop. Tick what you have checked and note the model that fits.

Date

Pitch / soleplate

Left foot (cm)

Right foot (cm)

Model / version

Size / budget

Before shopping

- ☐ Asked the club about pitch type and permitted soles.
- ☐ Considered training, matches and indoor sessions.
- ☐ Set a budget and checked return conditions.

During fitting

- ☐ Measured both feet again; checked the brand's chart.
- ☐ Tried both boots with football socks.
- ☐ Toes and forefoot have room without pressure.
- ☐ Heel stays secure when walking and stopping gently.
- ☐ Sideways steps feel secure and comfortable.
- ☐ Child can put on boots and use the fastening.

After buying

- ☐ Read care instructions and planned the next fit check.

Notes / next fit check

Ticking every box does not guarantee a good fit. Try another model if there is pressure or slipping. Follow manufacturer approval and pitch rules.